

# Recommended Reading

## Help Wanted

### **All Your Worth: The Ultimate Lifetime Money Plan**

by Elizabeth Warren and Amelia Warren Tyagi  
The mother/daughter team that brought you *The Two-Income Trap* give a simple, no-gimmick plan to help you get your finances into balance.

**Traveler's Gift: Seven Decisions That Determine Personal Success** by Andy Andrews  
Andrews life-altering experience leads him to believe that there are seven key decisions critical to achieve personal success.

### **Faith Club: A Muslim, Christian, a Jew -- Three Women Search for Understanding**

by Ranya Idliby, Suzanne Oliver, Priscilla Warner  
Sparks fly when three mothers (a Muslim, a Jew, and a Christian) collaborate to write a children's book about religious tolerance.

### **Outliers: The Story of Success**

by Malcolm Gladwell  
What is the secret to success? The best-selling author of *Blink* is back with an entertaining new book that examines the phenomena of "outliers," those people destined to succeed.

### **Nudge: Improving Decisions About Health, Wealth, and Happiness**

by Richard Thaler and Cass Sunstein  
Thaler and Sunstein suggest that if we design environments that subtly influence people, they are more likely to make choices that will lead to greater health, wealth, and well-being.

### **Made to Stick: Why Some Ideas Survive and Others Die**

by Chip Heath  
Learn to apply these five principles of "stickiness":

simplicity, unexpectedness, concreteness, credibility, emotions and stories.

### **Get Out of Your Own Way At Work – And Help Others Do the Same**

by Mark Goulston  
What behaviors are hindering your job performance and career? Learn how to protect your own best interests and to improve your workplace morale.

### **He's Just Not That Into You: The No-Excuses Truth to Understanding Guys**

by Greg Behrendt and Liz Tuccillo  
When you read the excuses that other women use to justify the disinterested behavior of men, you will cringe *and* laugh.

### **The Survivors Club: The Secrets and Science That Could Save Your Life**

by Ben Sherwood  
What is your survivor IQ? If you faced a catastrophic situation would you live or die?

### **How We Decide**

by David Zinczenko  
Lehrer examines the neuroscience behind our decision-making. Understanding how our brain processes information will help us to arrive at better decisions.

### **Geography of Bliss: One Grump's Search for the Happiest Places in the World**

by Eric Weiner  
Part travelogue, part comedic memoir, Weiner, a foreign correspondent for National Public Radio goes on a quest to discover how geography influences personal satisfaction. It may just make you want to move to Iceland.



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